

GALLATIN BEHAVIORAL HEALTH COALITION

STATUS SUMMARY SEPTEMBER 4, 2023

PROJECT OVERVIEW

The mission of the Gallatin Behavioral Health Coalition (GBHC) is to enhance and implement an appropriate system of prevention, intervention, treatment, and rehabilitation for community members, so every person receives the right service in the right place, every time. This mission supports the coalition's vision that community members are healthy and thriving.

The goals to make progress toward this mission and vision are:

1. **Promotion and Prevention.** Behavioral health wellness is supported through broad-based promotion, prevention, and early intervention efforts.
2. **Equitable Access.** Individuals receive behavioral health treatment, crisis, and recovery services and supports that meet their needs.
3. **Partnership.** Community partners collaborate to align strategies and efficiently use resources to deliver a coordinated continuum of behavioral health services.
4. **Sustainability.** We sustain regional behavioral health services through investment and innovation, with a focus on ensuring an effective workforce.

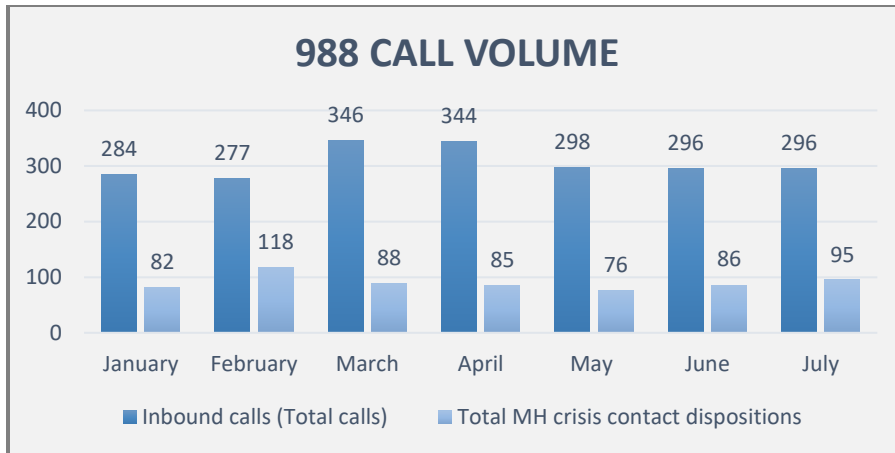
RECENT PROJECT UPDATES

Promotion and Prevention

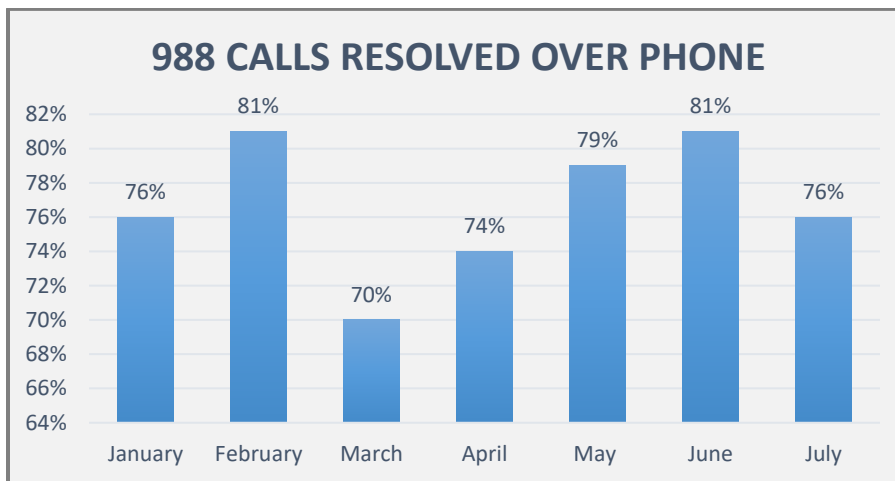
- **"Are You In" campaign.** We just completed the year-long campaign with Firebrand promoting stress reduction, reaching over 150,000 people per month in Gallatin, Madison, and Park Counties through the website, blog posts, email campaigns, Instagram, Facebook, and Youtube. Top content for driving traffic and engagement were healthy relationships, substance misuse/abuse, importance of sharing and listening, importance of time outdoors, and self-care and mental health.
- **Youth behavioral health screening.** GBHC's youth committee will work with regional school districts and the [Fetal, Infant, Child, & Maternal Mortality Review \(FICMMR\)](#) committee at the Gallatin City-County Health Department to focus on enhancing youth behavioral health screening processes.

Equitable Access

- **988/crisis line.** The Help Center continues to successfully operate the crisis call line, responding to approximately 300 behavioral health crisis calls a month to 988, 211, and the Help Center's direct line. The Help Center reports a rise in call acuity in recent months.

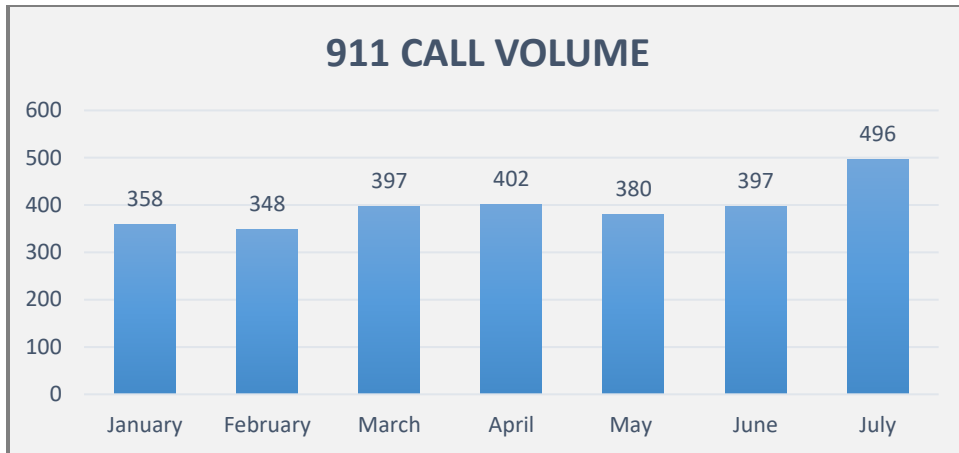


Sources: Help Center, 988; Notes: One call can have more than one disposition. The proportion is calculated using the total number of MH calls resolved over the phone as the numerator and the total number of MH calls as the denominator.

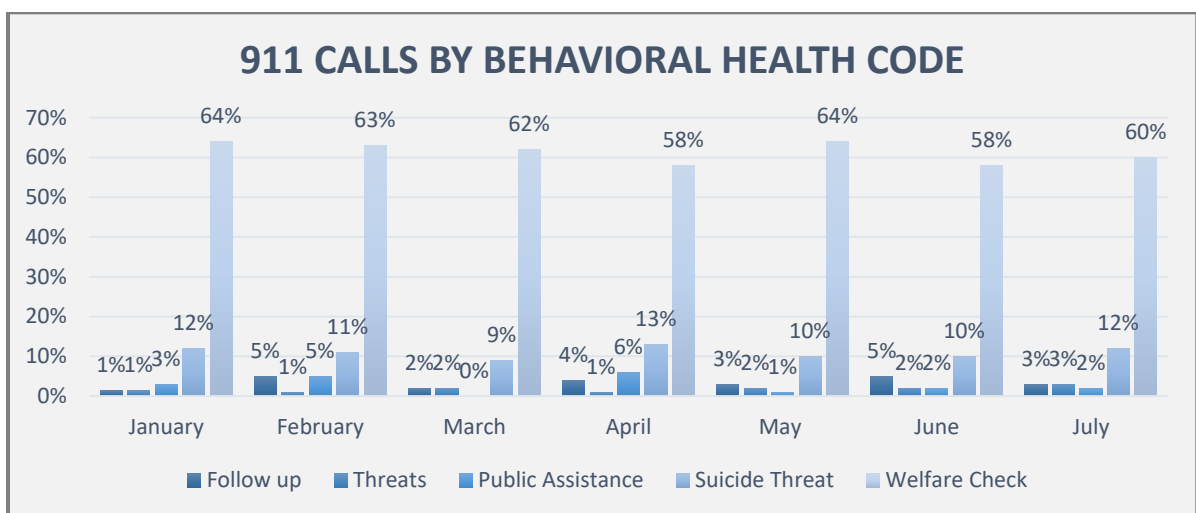


Sources: Help Center, 988; Notes: Dispositions are marked for mental health crisis calls only. One call can have multiple dispositions.

- 911.** Many people experiencing behavioral health crises continue to call 911 for help. 911 dispatch labeled 496 calls in July 2023 with a behavioral health indicator; 60% were for welfare checks and 12% were for suicide threats.

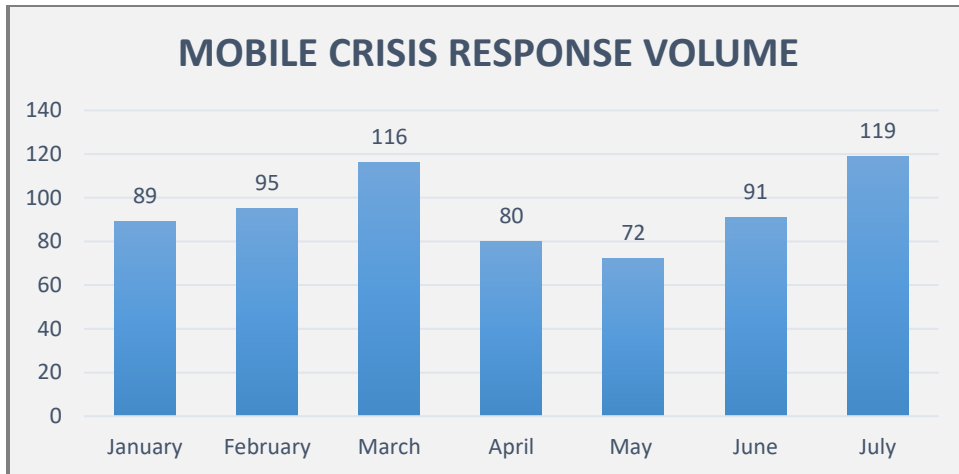


Source: Gallatin County Dispatch

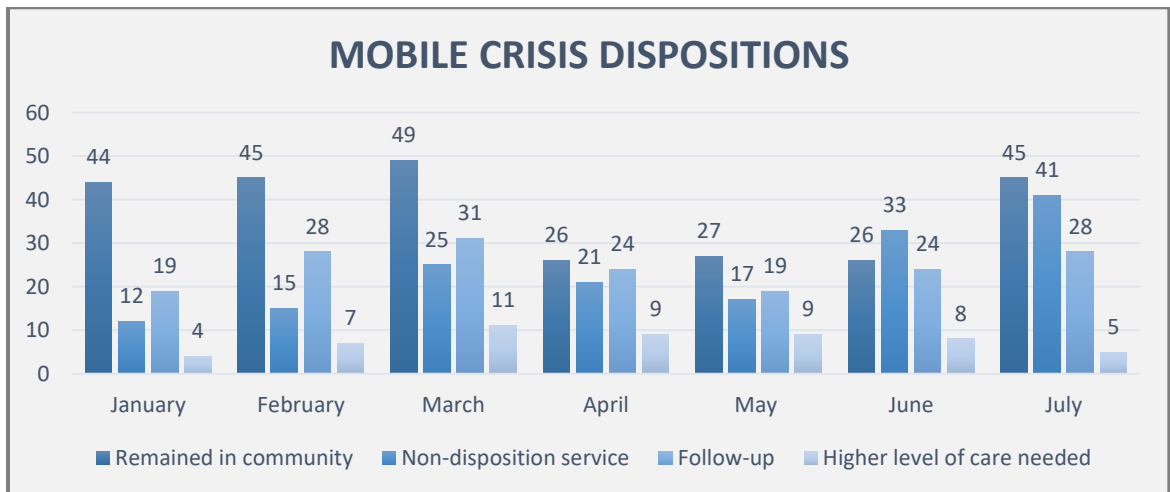


Source: Gallatin County Dispatch; Note: only the top 5 call codes are included.

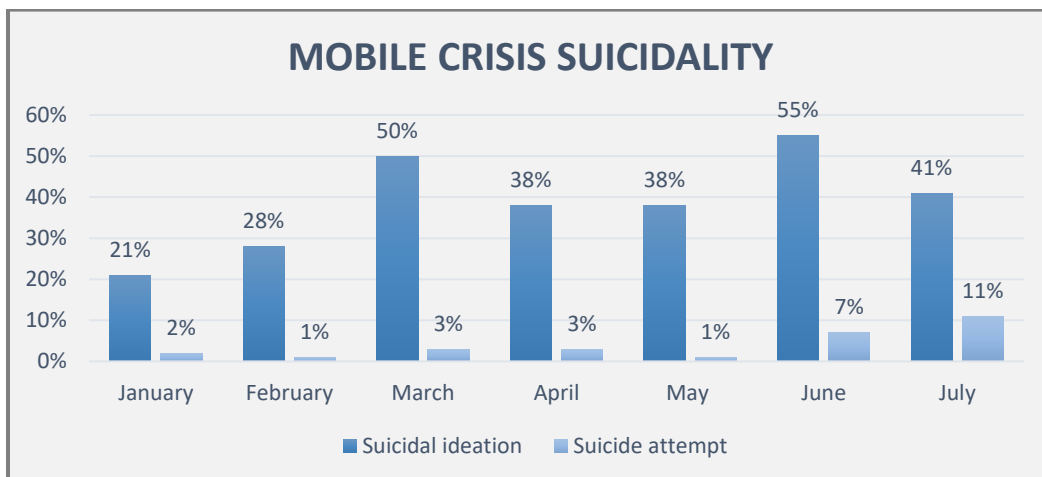
- Mobile crisis response team.** Gallatin County continues to contract with Connections Health Solutions to operate the Gallatin Mobile Crisis (GMC) team with one 2-person team 12 hours a day (10:00 AM – 10:00 PM), seven days a week, responding to behavioral health crises in people’s homes and in the community. The GMC team responded to 80 calls in April 2023, 72 in May, 91 in June, and 119 in July. Suicidal ideation is the primary reason for GMC response. Other common reasons include psychosis, depression, and behaviors.



Source: Connections Health Solutions (GMC)

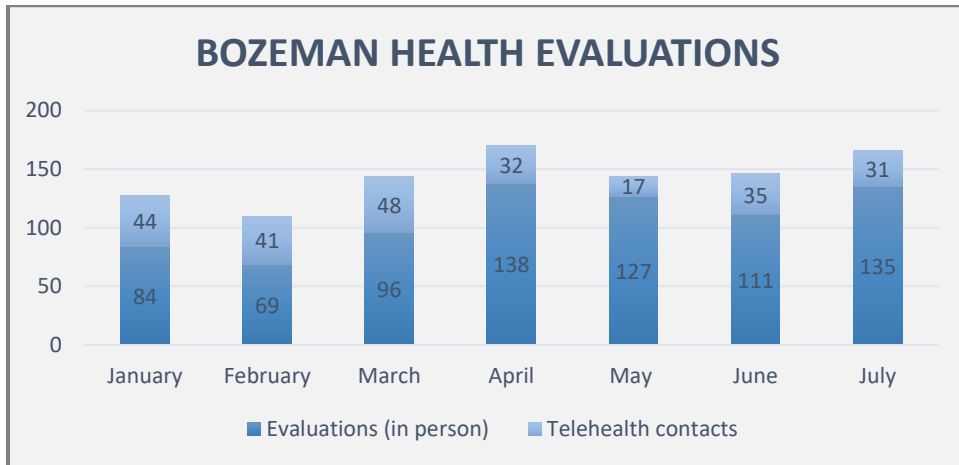


Source: Connections Health Solutions (GMC)

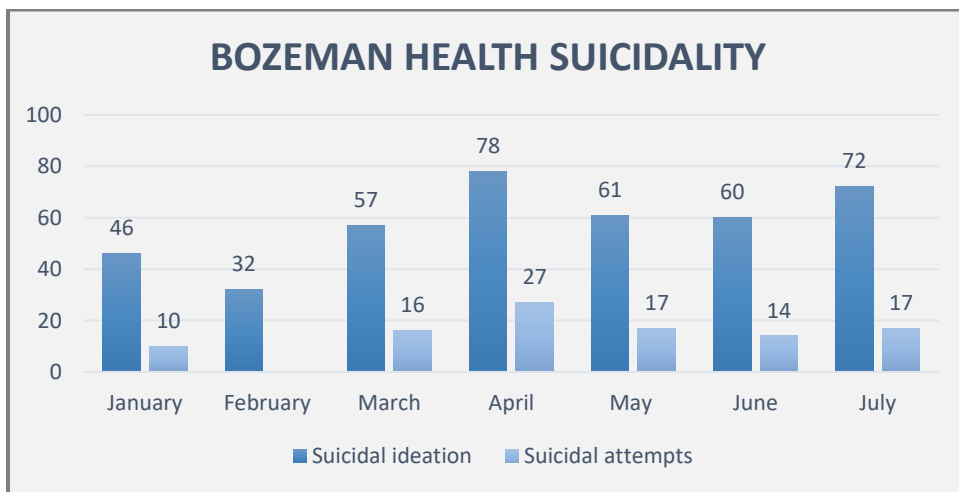


Source: Connections Health Solutions (GMC); Note: Proportion calculated by using the total for each presenting issue as the numerator and the total number of presenting issues as the denominator.

- **Crisis receiving – Psychiatric Emergency Services (PES).** Bozeman Health’s PES unit’s crisis interventionists have conducted an average of 144 mental health evaluations monthly for the January through July 2023 timeframe. Approximately half of evaluated patients present with suicidal ideation and an average of 15% are evaluated because of a suicide attempt. Roughly a third of evaluated patients require an inpatient level of care.



Source: Bozeman Health



Source: Bozeman Health; Note: the number of suicide attempts in February was fewer than 10.

- **Adult inpatient behavioral health unit.** Bozeman Health is on track to open a 12-bed adult psychiatric inpatient unit by the end of 2024.
- **Youth crisis services.** Youth crisis services continue to be a significant gap in our community. GBHC is working on approaches to addressing this gap and looks forward to sharing ideas for feedback as we move forward with planning.
- **Bozeman Health Bridge Clinic.** Bozeman Health continues to grow its Bridge Clinic, which supports patients as they transition from higher levels of care to outpatient care.

Partnership

- **Data sharing.** GBHC partners developed a memorandum of agreement to support data sharing between organizations with the goals of:

- Establishing a flow of vital case details to coordinate crisis care, improve behavioral health care, and provide ongoing engagement for individuals.
- Ensuring programmatic quality, equitable system access/service provision and to find opportunities for system-wide improvement and staff training.
- Reducing burnout in the behavioral health workforce through the optimization of services, resources, and reduction in data entry.
- Providing policy makers and funders with reliable, easy to understand data that can inform decisions and demonstrate systematic accountability.
- Contributing to the evidence base and to share best practices with other communities.

The MOA is being translated into detailed data sharing policy and technology requirements by the data and evaluation committee.

Sustainability

- **Workforce pipeline development.** The GBHC workforce committee is continuing to explore innovative workforce pipeline development ideas including internship, residency, and fellowship programs.
- **Workforce incentives.** The GBHC workforce committee submitted proposals to Gallatin County, the City of Bozeman, and the Yellowstone Club Community Foundation to fund a workforce investment fund to incentivize safety net organizations' abilities to hire and retain behavioral health workforce.
- **Grant awards.** The GBHC and its partners have been awarded two recent grant applications:
 - A one-year \$50,000 planning grant to the Montana Healthcare Foundation to develop a regional day treatment program. The grant was awarded in August 2023.
 - A three-year \$1.5 million grant to the Substance Abuse Mental Health Services Administration (SAMHSA) for the follow up program with a focus on strengthening referral and in-person follow-up in communities in the Help Center's service region without mobile crisis. The grant was awarded in September 2023.